

Neurodiversity at Work - Useful Resources

Overview

Below are a selection of resources shared for reference around neurodiversity in the workplace. These may include a range of perspectives and recommendations. Not all content will necessarily reflect organisational policy, but they provide helpful insight into current guidance, best practice, and discussion around neuroinclusive workplaces.

ACAS Resources

Neurodiversity at Work - Making your organisation neuroinclusive	
Link	https://www.acas.org.uk/neurodiversity-at-work/making-your-organisation-neuroinclusive
Details	A guide from ACAS exploring how organisations can become more neuroinclusive, including practical steps for improving workplace support.

Adjustments for Neurodiversity (Reasonable Adjustments at Work - ACAS)	
Link	https://www.acas.org.uk/reasonable-adjustments-at-work
Details	Information on reasonable adjustments in the workplace, including legal considerations and employer responsibilities.

ACAS Webinar - Inclusive workplaces: making changes to better support neurodiversity	
Link	https://www.youtube.com/watch?v=ekXYW64-rdc
Details	<p>A webinar discussing how organisations can better support neurodivergent employees.</p> <p>Topics covered include:</p> <ul style="list-style-type: none"> • Managing and supporting neurodivergent employees • Providing reasonable adjustments • Adapting recruitment processes

	<ul style="list-style-type: none"> • Creating an inclusive workplace culture • Understanding neurodiversity and employment law <p>The session highlights how inclusive workplaces can help unlock employee potential through practical and supportive changes.</p>
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NAS (National Autistic Society)

Reasonable adjustments and when they can be requested	
Link	https://www.autism.org.uk/advice-and-guidance/employment/what-are-reasonable-adjustments-and-when-can-they#Practical%20resources
Details	Information explaining what reasonable adjustments are, when they can be requested, and how they support autistic individuals in the workplace.

NHS Resources

NHS England (South West) - Reasonable adjustments in the workplace for autistic people	
Link	https://www.england.nhs.uk/south/2023/03/27/reasonable-adjustments-in-the-workplace-for-autistic-people/
Details	Guidance on supporting autistic employees in workplace settings and implementing reasonable adjustments effectively.

Employment Autism

Employment Autism - Information Hub	
Link	https://www.employmentautism.org.uk

Details	A comprehensive resource containing multiple pages of guidance and information on autism and employment, including workplace support and best practice.
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Notes

These resources are intended as guidance and reference material. Organisations may choose which recommendations are most appropriate for their own policies and workplace context.