



Swindon and
Gloucestershire



Alexandra
Wellbeing
House

Job Description

Job Title: Support Worker	Pay Grade: £18,745 - £19,048 per annum (pro rata)
Reports to: Services Manager, Gloucestershire	Hours: 16 hours per week <i>Wednesdays, Thursdays and Fridays, 1PM to 5PM Saturday 12PM to 4PM (including on-call duties) with flexibility required for annual leave/absence cover.</i>
Shift Pattern: To be agreed upon with line manager following successful appointment.	
Location: Alexandra Wellbeing House	In the Gloucestershire Wellbeing Team

Job Purpose

As a Support Worker, you will be working with people with mental health needs in a 5 bedded house which offers short term respite and wellbeing support. The aim of the Wellbeing House is to:

- Support Guests to develop wellbeing and safety plans to help prevent further escalation which may result in hospital admission.
- Support those being discharged from hospital so they can move back into the community if they have their own secure accommodation arrangements.

This is an exciting project that Swindon & Gloucestershire Mind are delivering in Gloucester and therefore we are seeking individuals that have the drive to make it succeed.

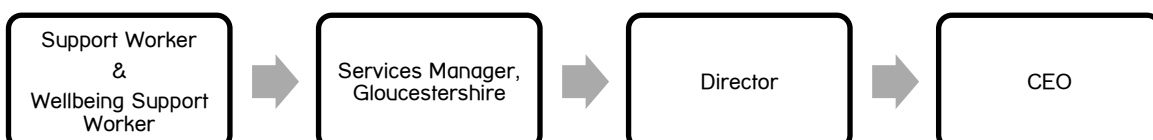
Recovery Statement:

Alexandra Wellbeing House places recovery and empowerment at the heart of our Service. Therefore, we all demonstrate the recovery values of:

- **Open**
We reach out to anyone who needs us.
- **Together**
We're stronger in partnership.
- **Responsive**
We listen, we act.
- **Independent**
We speak out fearlessly.
- **Unstoppable**
We never give up.

General Information:

This role will include being on-call on a rota system. There is additional payment for staff that has to attend site and deal with an out of hour's incident. The escalation procedure is also stated below:



Key Accountabilities

Operational Delivery

- Work closely with the Wellbeing Support Workers and Services Manager, Gloucestershire, in the general day to day running of the Alexandra Wellbeing House and supporting Guests and Volunteers.
- Ensure compliance with legal and health and safety regulations, such as the service Health and Safety Manual.
- Ensure accurate and detailed records are kept and to comply with data protection procedures.
- General administrative duties to include data collection, monitoring and reporting outcomes, i.e. Guest Recording Form and Equality and Diversity Form.
- Be part of a team that builds and sustains a positive, dynamic can-do culture, making the service a great place to spend time.
- Attend and contribute to regular team meetings to maintain effective communication and awareness of progress and development within the service and in mental health services in general.
- Assist with the cleaning and general upkeep of the service.
- Establish and maintain outstanding communication with the Guests and referring agencies.

Wellbeing Support:

- Respond to referrals received into the service, arrange assessments and raise any risk concerns with the Services Manager, Gloucestershire.
- Support Wellbeing Support Workers and Services Manager, Gloucestershire, in the assessment and risk assessment process of potential Guests referred to the Wellbeing House as directed by the Services Manager, Gloucestershire.
- Inform potential Guests of the outcome of referrals, whether a stay is offered or not and any other additional information if necessary.
- Promote resilience by supporting Guests in the maintenance of individual Safety and Support Plans.
- To assess, coach and plan using the Five Ways to Wellbeing model.
- Work alongside Guests to identify needs to be met both during their stay and when they leave.
- To work with Guests in a recovery orientated, solution focused, person centered and holistic way.
- Assist Volunteers in providing peer support and daily tasks in the house.
- To work alongside Guests to identify and network with agencies and individuals who are able to assist in the process of solving practical problems.
- Participate in the development of a service that is welcoming, user friendly and empowering.
- Ensure the promotion of resilience building through effective evaluation of Guests wellness and experience and monitoring the endurance of outcomes with support and direction of the Services Manager, Gloucestershire.

Business Development

- Ensure excellent Partnership working by working in collaboration with mental health workers in statutory and non-statutory services, thus enabling continuity of care and co-ordination of services.
- Promote Swindon & Gloucestershire Mind in Gloucestershire by attending events, external meetings and promoting workshops delivered at the Wellbeing House.

Person Specification

Essential:

- Full UK Driving License or ability to travel 24/7 to ensure on call responsibilities can be met.
- Self-motivated with energy, commitment and enthusiasm.
- Ability to establish and maintain good working relationships with colleagues and other professionals.
- Knowledge and experience of supporting and coaching people to improve their wellbeing.
- Understanding of safeguarding and the protection of vulnerable adults.
- Understanding of Confidentiality.
- Good IT skills including use of Microsoft Office, email and internet.
- Experience of accurate collecting and recording of data.
- Experience of working with individuals with poor mental health and an understanding of their issues and concerns.
- Excellent interpersonal and communication skills which support the efficient functioning of the team and the service.
- A flexible approach to managing and prioritising a varied workload and multiple tasks
- Able to work on own initiative and as part of a team.
- Ability and willingness to reflect on work practice and be open to constructive feedback
- Ability to work in an enabling and creative way.
- Willingness to support Volunteers and Guests with a range of needs to meet their goals.
- Understanding and practical knowledge of recovery.
- Knowledge and commitment to human rights, specifically individuals with mental illness.
- Understanding of the impact of stigma and discrimination.
- Ability to work shifts on a rota basis including weekends and bank holidays.

Desirable:

- First Aid Certificate, Mental Health First Aid Certificate, Applied Suicide Interventions Skills Training (ASIST) Certificate.
- An understanding of National Mind and its networks, or similar structures within the voluntary sector.

Hours may change depending on need, covering sickness etc. and will be reviewed regularly during supervision with your line manager.

Review

These duties are intended to be a guide to the post and should not be considered exhaustive. It is subject to review, depending on the needs of Swindon and Gloucestershire Mind. The post holder will be encouraged to participate in any such review.

Probationary Period

New employees will be subject to a six-month probationary period and will be subject to an enhanced DBS check and return of references.